

JUNIOR COACHING PROGRAMMES

COACHING PROGRAMMES	DAY	TIME	UNIT PRICE	TERM PRICE
<p>Pee Wee Tennis - Age 4-6yrs. A group for young new tennis players. The session is based on learning basic tennis and hand eye skills while having fun.</p>	Mon	3:30 – 4:00	\$5	\$50 (10 wk Term)
<p>Junior Beginner - Age 7-11yrs. Players new to tennis and Pee Wee Tennis graduates learn basic stroke technique with the aim of learning to rally. This takes place in the half court area, preparing them for full court tennis.</p>	Tue	4:30 – 5:30	\$10	\$100
	Thur	4:30 – 5:30	\$10	\$100
	Or	Tue & Thur		\$190 (10 wk Term)
<p>Development Squad - Age 11-15yrs. Players are already or about to start playing interclub and focus on serving consistently. These Players are becoming more consistent and are now working on moving the ball around the court. Players will learn these skills through dynamic drills and point simulations.</p>	Tue	5:30 – 6:30	\$10	\$100
	Thur	5:30 – 7:00	\$15	\$150
	Or	Tue & Thur		\$235 (10 wk Term)
<p>Elite Squad - Age 10yrs + (Invitational Only) Players are playing interclub and are displaying skills and attributes that will allow them to play tournaments. Training is full court based with the goal of further developing players' consistency and shot selection. Training will also involve a high level of match play allowing players to develop a better understanding of the game as well as working on mental, physical and tactical skills.</p>	Tue	6.30 – 8:00 (Drilling)	\$15	\$150
	Thur	5:30 – 7:30 (Match Play)	\$20	\$200
	Fri	6.30-8.00 (Drilling)	\$15	\$150
	Or	Tue & Thur T & T & Fri		\$330 \$450 (10 wk Term)
<p>Privates (1-2 per group) Designed to suit your individual game and style, private lessons are the best way to improve your technique, consistency, strengthen any weaknesses and learn new tactics.</p>	<p>Individual Private lessons are \$45 per hour and \$25 per ½ hour. Private lessons for 2 people are \$25 each per hour and \$15 each per ½ hour.</p>			

Coaching programmes run year round and are structured to fit in with the school terms

The coaching programmes have limited places so be in quick to book your place. To register or for more information on pricing or groups please contact:

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